

# **JANUARY**

#### OFFICIAL NEWSLETTER OF THE JACKSON FREE CLINIC



### **OUR MISSION**

### 

The mission of the Jackson Free Clinic (JFC) is to be leaders in Care, Education, and Outreach through commitment to each of the following:

#### Care

We will provide high-quality health services to underserved Mississippians with an emphasis on equity, accessibility, compassion, and respect for our patient's lived experiences.

#### Education

We will provide opportunities to learn, teach, grow, and collaborate across professional disciplines and life backgrounds for our patients and volunteers in an inclusive educational environment.

#### Outreach

We will extend our work beyond the walls of the clinic to foster deep community partnerships and provide supportive health services that address social determinants of health in our community.

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- C. E. O. Report
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# CARE | EDUCATION | OUTREACH FOR DECEMBER 2024

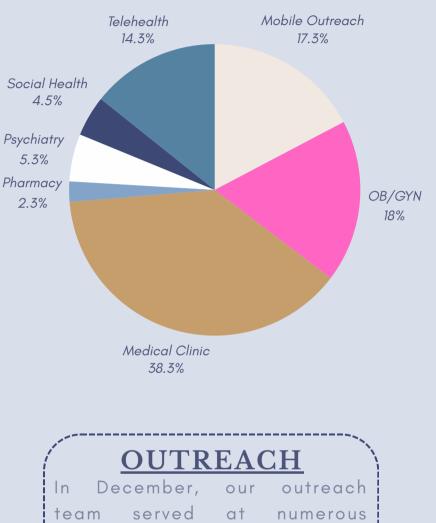
### **CARE**

In the two weekends we were the month of open in December, had 31 we Medical, 19 Telehealth, 14 social health, and 24OB/GYN Clinic visits.

We had 84 student volunteers representing medicine, pharmacy, nursing, dental, OT/PT, and undergraduate institutions.

### **EDUCATION**

In December, the Education Committee commissioned a Mural Team to begin creating an inspiring piece of artwork for the team room in the clinic!



team served at numerous community events including Shower Power, and Grace Place for their World Aids Day. We were also in Crystal Springs for their Holiday Market.



JACKSON FREE CLINIC CARE. EDUCATION. OUTREACH.

UNLESS OTHERWISE NOTED, EVERY SATURDAY AT THE CLINIC INCLUDES

MEDICAL AND SOCIAL HEALTH SERVICES!



SUN	MON	TUE	WED	THU	FRI	SAT
		New Year's Eve	01	02	03	04 CLINIC OPEN + Rehab
05	06	07	08	09	10 SHOWER POWER	11 CLINIC OPEN + Dental
12	13	14	15	16	17	18 CLINIC CLOSED
19	ALK 20	21	22	23	24	25 CLINIC OPEN + Rehab + Dental Hyg.
26	27	28	29	30	31	01 Clinic Open

\*Note: Calendar subject to change.

# IN THE COMMUNITY

## **Shower Power**

EVERY FRIDAY, SINCE LATE NOVEMBER OF 2019, SHOWER POWER OFFERS A FREE SHOWER TO ANYONE WHO NEEDS IT IN DOWNTOWN JACKSON.

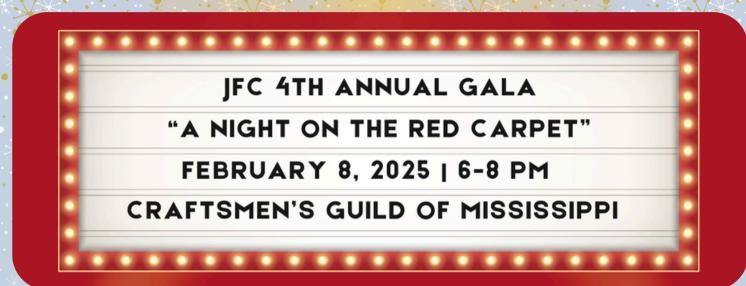
EVERY MONTH JFC PARTNERS WITH SHOWER POWER TO PROVIDE BLOOD PRESSURE AND GLUCOSE SCREENINGS TO THE SHOWER POWER COMMUNITY. ANY INTERESTED PATIENTS CAN BE REFERRED TO JFC FOR AN APPOINTMENT! THIS PAST DECEMBER, WE WRAPPED THE YEAR WITH ANOTHER SHOWER POWER COLLABORATION AND ARE EXCITED TO CONTINUE PARTNERING WITH SHOWER POWER IN 2025!

## **Grace** Place

GRACE PLACE BY GALLOWAY BAPTIST CHURCH IS A MORNING SHELTER AND PLACE OF RESPITE, FOR THE HOMELESS AND MARGINALIZED IN THE COMMUNITY.

JACKSON FREE CLINIC PERFORMS HEALTH SCREENINGS QUARTERLY AT GRACE PLACE, AND WE WERE HAPPY TO DO SO IN DECEMBER.





YOU ARE INVITED TO OUR 4TH ANNUAL FUNDRAISING GALA: "A NIGHT ON THE RED CARPET"!

THIS SPECIAL NIGHT IS DEDICATED TO CELEBRATING THE INCREDIBLE VOLUNTEERS AND COMMUNITY PARTNERS WHOSE SUPPORT IS ESSENTIAL TO ADVANCING OUR MISSION OF CARE, EDUCATION, AND OUTREACH.

WE ARE PLANNING AN EVENING FULL OF SURPRISES THAT YOU WON'T WANT TO MISS.

TICKETS ARE \$30 (THE COST OF ONE PATIENT VISIT!) AND CAN BE PURCHASED BY CLICKING HERE OR SCANNING HERE:

## THE 2024 Annual Report

### IS HERE!

We're excited to share the highlights from another year of service and impact at JFC! Our 2024 Annual Report showcases the stories of patients we've helped, our team members and volunteers, the resources we've provided, and the communities we've touched through our mission of care, education, and outreach. Check out the full report and see the incredible progress we've made – thanks to your ongoing partnership! Click <u>HERE</u> to view the report on our website!

## We look forward to 2025 with you!





COMMITTEE HIGHLIGHT:

## **PAP COMMITTEE**



THE PATIENT ASSISTANCE COMMITTEE CONSISTS OF 28 MULTIDISCIPLINARY UMMC STUDENTS WHO HELP SIGN ELIGIBLE PATIENTS UP TO RECEIVE NAME BRAND MEDICATION FOR FREE AND ENSURE THAT THESE PATIENTS HAVE ADEQUATE FOLLOW-UP.

#### SPECIALTY CLINIC HIGHLIGHT:

## **TALK THERAPY**



TALK THERAPY CLINIC IS HELD APPROXIMATELY ONCE PER MONTH ON TUESDAY EVENINGS UNDER THE SUPERVISION OF DR. DANNY BURGESS AND TARA WALLS, LPC. THIS TYPE OF THERAPY HELPS PEOPLE RECOGNIZE UNHEALTHY THOUGHTS, FEELINGS, AND BEHAVIORS WHILE ALSO LEARNING NEW STRATEGIES TO COPE WITH THESE. EACH SESSION COMPLEMENTS OUR PSYCHIATRY SERVICES AND STANDS AS AN INDEPENDENT PILLAR OF SUPPORT FOR OUR PATIENTS.

# **STAY IN TOUCH!**



jacksonfreeclinic.org



ejacksonfreeclinic



Jackson Free Clinic

Interested in working with the Jackson Free Clinic?

Student Volunteer Interest	maryranie <b>@jfc.org</b>
Physician Volunteer Interest	. lukehigh <b>ejfc.org</b>
Outreach Interest	baileybritt <b>ejfc.org</b>
Donation Interest	hadley <b>@jfc.org</b>

